

Ebo Items for *Òrìṣà*

These are the common items to use in your regular Ifa Practice when it comes to appeasing the *Òrìṣà*

<i>Òrìṣà</i>	Herbs	Ebos Used to Propitiate <i>Òrìṣà</i>	Body
Eshu Elegba	All Herbs	Chili Peppers, Peppercorns, Jalapeños, Strong Cigar, Rum, Gin, Beer, Red Palm Oil, Pigeon, Rooster, Male Goat, Cool Water, Tobacco, All Fruits and Nuts, Roasted Corn, Coconut, Yams	Nervous System-Sympathetic and Parasympathetic
Ogun	Eucalyptus, Hawthorn Bark, Parsley, Garlic	All Things Hot and Spicy, Peppers, 151 Proof Rum, Gin, Vodka, Black or Dark Cigars, Red Palm Oil, Honey-every now and then, Rooster, Mail Goats, Bean, Palm Wine, Pineapples, Fruits, Roasted Corn, Tobacco, Yams	Heart, Kidney, Adrenal Glands, Tendons, Sinews
Obatala	Sweet Basil, Sage, Skull Cap, White Willow, Valerian	Cool Water, Coconuts, Milk, Honey, Shea Butter, Rice Mild Cigars, Bread, Cookies, Snails, Kola Nut, White Doves, White Fruits, White Kola Nuts, White Yams, Pigeons, Female Goats (Never offer alcohol or palm oil)	Brain, Bone, White Fluids
Shango	Saw Palmetto, Hibiscus, Nettle, Cayenne	Sacred Ficus, Cedar, Sugar Cane, Sarsaparilla, Red Apples, Red Palm Oil, Spicy Foods, Peppers, Chili, Bitter Kola, Rooster (Red), Ram, Plantain, Yams, Okra, Green Bananas, Tobacco	Male Reproductive System, Bone Marrow, Life Force (Chi)
Yemoja	Oregano, Spearmint, Laurel, Cohash, Dandelion, Aloe, Spirulina, Mints	Plantain, Fruits (particularly red or purple grapes) Melons, Squash, Beer, Gin, Rum, Candy, Cakes, Watermelon, Palm Oil, Kola Nuts, Coral, Flowers, Sheep, Guinea Fowl, Hens, Pigeons, Raw or Cooked Fish, Palm Wine, Molasses, Ducks, Roster	Womb, Liver, Breast, Buttocks
Oya	Pleurisy Root, Chickweed, Yucca, Cherry Bark	Eggplant, Rum, Gin, Beer, Wine, Dark Fruit (like plums, red and purple grapes), Palm Oil, Kola Nuts, Coconut, Hen Female Goat, Colored Ribbons (9), Pin Wheel Toys, Rice and Beans, Plums, Tobacco, Hens, Rooster, Plantain	Lungs, Bronchial Passages. Mucus Membranes
Oshun	Echinacea, Papaya, Wild Lettuce, Burdock, Raspberry, Chamomile, Cinnamon	Honey, Light Colored Fruits, Wine, Beer, Rum Gin, Hens, Guinea Hen, Quail, Male and Females Goats, Candy, Cakes, Flowers, Mirrors, Kola Nuts, Red Palm Oil, Coconut, Cowry Shells, Pumpkin, Lettuce, Oranges, Eggs, Sheep	Circulatory System, Digestive System, Elimination System, Female Pubic Area
Ori		Kola Nuts, Dry Gin or other hot drinks, Palm Oil, White Pigeons, All Foods	
Orunmila		Always determined by Divination	

Adapted from The Handbook of Yoruba Religious Concepts by Baba Ifa Karade