

P01_1_2019_The Sixteen Truths of Ifá (January 2024 Release)

Greetings: *Oriire fun owo!* (Good Tidings to you!)

I pray that you are feeling awake, aware, and elevated in mind, body, and spirit, wherever you are, and whatever may be happening around you!

Àṣẹ! Àṣẹ! Àṣẹ o!

I'm Baba Umar, Oluranse Emese, (Voice of the Emese), Member of the Isoro Traditional Council of Chiefs in Ile-Ife, Nigeria, Olúwo of the House of Umar, and Babaláwo of Ile Awo Òrìṣà (the House of the Mysteries of the Òrìṣàs).

Opo Ire (abundant blessings) to our *Egbé*, our online community of Subscribers that continues to grow thanks to you. Thank you for joining us for another lesson. Remember, as a member of our YouTube *Egbé* you can support each other's spiritual journey by posting your questions and uplifting comments in the Comment section below. You can also email me using the link in the Description section below if you need to connect with me on a more personal matter. Also check the Community section of this Channel for periodic messages from me.

(If you haven't been visiting the Community Section of the Channel you've been missing out on a lot of valuable *Ifá* Wisdom. I've been posting the **monthly Itadogun Readings** to give you guidance and recommended *Ebòs* for each *Itadogun* period. I've begun **sharing Ifá Proverbs and Sayings** once or twice each month for your further education into the *Ifá* Spiritual Tradition and Worldview. I've also been periodically posting short **quizzes** on the lessons we've covered so far. So, if you want to accelerate your growth in *Ifá*, I encourage you to visit the Community Section of the Channel on a regular basis. YouTube does not send notifications for these postings. It's up to you to check.)

If you are new to these video lessons, we invite you to go ahead and Click the Subscribe and Notification buttons, and share this resource with your family, friends, and associates. You never know whose life you may change by that simple act of sharing.

Homage to The One Who Sends, and to those who are sent!
Homage to Òrìṣà and Egun!

Our topic in this video is: An Overview of the 16 Truths of *Ifá*:

We have posted on this topic before. But there is so much chaos going on in the world I felt it would be a good thing to consider the Sixteen Truths of *Ifá* in more detail. We'll devote a post to each of the Sixteen Truths of *Ifá* over the course of this next calendar year 2024-2025. In this Post I'm simply going to restate some opening comments from my previous post on this topic, share some additional insights, and list the Sixteen Truths. My hope is that the more detailed discussions of these Truths will give each of us an opportunity to really reflect upon the significance and importance of each of these guiding principles.

First, let us consider a very powerful message from the Sacred *Odù Ìwòrì Ọsá*. This *Odù* is telling us that we should stop whining, complaining, and looking for someone outside of ourselves to

solve our problems. We should stop underestimating who we are, and the powers we have built into us. Each of us has been created with a magnificent internal design and have been given access to spiritual knowledge to be able to manifest whatever it is that we want and need in this life. We just need to take the power, and take the wisdom, and then take control of our destiny.

This Odù also says: (speaking of the time when *Olódùmarè* placed a veil of darkness over the earth.)

Àbọ̀rú Àbọ̀yè!

*“Atikareṣeṣe / awo ọ̀run: /
A dífá f’Olódùmarè ati Ayè, /
nigbi àwọn ọ̀mọ-aráyé/ nsare tọ Olódùmarè / nitori ohun
gbogbo, nke / Baba, Baba mo de / gba mi / jọwọ gba mi. /
Ó ni: / Eetiri? /
Eniti mo fun l’agbára / ko lo agbára, / ẹni ti mo fun l’ogbọ̀n / ko lo ogbọ̀n inu /
wọ̀n ti mo fun wọ̀n? /
A niki Olódùmarè rúbọ / kiofi ṣe asa-òkùnkùn / s’ojú ayé. /
Èbọ: / Aṣọ-dúdú, / àgùtàn dúdú, / egbàá mẹ̀wà owó / ati ewé Ifá. /
Ó gbọ́ ó rú. /
Wọ̀n ni: / Ọ̀mọ ti ko ri Baba / rẹ a sa ipa inu.”*

*“Atikareṣeṣe, the diviner of heaven,
divined Ifá for Olódùmarè and the world,
when people were running to Olódùmarè to seek his advice
on various problems,
crying, “Father, Father, I have come. Save me, please save me.”
He said, “What is the problem?”
“Those I gave power did not use the power. Those I gave wisdom did not use the inner wisdom I
gave them.”
He was asked to offer sacrifice to place a veil of darkness over the earth.
The sacrifice: a black cloth, a black sheep, twenty thousand cowries, and Ifá medicine.
He heard and performed the sacrifice.
It was assumed that if a child did not see his father, he would defend himself.”*
Ìwòrì Ọ̀sá / Ìwòrì-Ọ̀sá (87)

Àṣẹ! Àṣẹ! Àṣẹ o

So *Olódùmarè* intentionally hide himself, herself, itself behind a veil of darkness so that we would be encouraged, if not forced, to fin for ourselves, to grow, to expand and transform into the highest expressions of who and what we really are, powerful spiritual beings. You have to stop underestimating yourself and your powers.

As I previously stated, “If our foresight was perfect, we would have no need for Faith, life could not offer us a challenge, and we would not be motivated or need a catalyst for growth! *Olódùmarè* has, in the infinite wisdom of Source, challenged every created thing to grow, and has also provided a way for everything to succeed. For the plants, animals, insects, the earth, sun, moon,

and stars *Olódùmarè's* command is for them to act according to their nature, the nature in which they were created. You and I are also given the same command, but our nature is more dynamic, more complex than the nature of other things. We are *Ènìyàn*, the Chosen Ones, with a special agreement with *Ọlórún* to bring about the Good Condition for *Iyá Ilẹ* (Mother Earth), all her forces and elements, and all her creatures in all the kingdoms, plant, vegetal, mineral, and animal on Planet Earth, including we human beings. We are not separate from the other kingdoms, but we are different in that we can make choices that no other thing can make, not the plants, animals, insects, the earth, sun, moon, nor the stars.

Because of the complexity of the human being and the human choice sets, *Olódùmarè* has given us a Path to follow that can assist us in avoiding, evading, deflecting, and blocking unanticipated or undesired events and circumstances. That Path is *Ifá*! *Ifá* is by no means the only Path, but it is one to which millions are devoted." Devoted means to be dedicated, dutiful, faithful, steadfast, and thoughtful in attachment, loyalty, or affection to someone or something.

- *Are you really devoted to your Ifá, or are you just playing around with it?*

Consider this analogy: If the *Oro* (the original Source Energy, *Àṣẹ*) is like the computer hardware of this Multi-dimensional Reality, and *Olódùmarè* (the Divine Universal Consciousness) is the Operating System of that computer, then we can think of *Ifá* as one of the Programs or Applications running on that computer.

The purpose of *Ifá* is not to fit every human being into the same one-size-fits-all box. After all, you can run many different applications on your computer. The purpose of *Ifá* is to provide an understanding and a way to interact and live efficiently, effectively, and cooperatively within *Olódùmarè's* Creation, within the Divine Matrix. The purpose of *Ifá* is not to restrict our individual choices, but to assist us in making sure that our individual and collective choices do not negate the life process of other creatures or beings. The Path of *Ifá* can be exemplified by living in accordance with the Sixteen Truths of *Ifá*. They are:

1. There is a single God!
2. There is no Devil!
3. There is no Predestination!
4. It is your birthright to be happy, successful, and fulfilled!
5. You should grow and obtain wisdom during your life process!
6. We are reborn through our blood relatives!
7. Heaven is our Home, and the Earth is the Marketplace!
8. We are part of the Universe (Multiverse) in a literal, not just a figurative way.
9. We must never initiate harm to another human being!
10. You must never harm the universe of which you are part!
11. Our Temporal and Spiritual capacities must work together!
12. We are born with a specific path. It is our goal to travel it. Divination provides our road map!
13. Our Ancestors exist and must be honored!
14. Sacrifice guarantees success!
15. The *Ọrìṣà* live within us!
16. We need have no fear!

In this next series of videos, I plan to go beyond the comments I made in our 2022 Video Lessons on this topic. We'll look deeper into the significance of each of the Truths. We'll share some Sacred *Odùs* that will shine more light on each of the Truths. I look forward to sharing with each of you that which my *Orí* guides me to, as well as what we are blessed to receive from the *Isoro* Traditional Council of Chiefs.

Àṣẹ o!

*Ki Olódùmarè, Òrìṣà, ati Egun fifun e ni
Itona, Imoye, ati Opo Ire!*

May Olódùmarè, Òrìṣà, and Egun bestow on you,
Guidance, Wisdom, and Abundant Blessings!

Ifokanbale! Peace of Mind from Olódùmarè!
Mo gbagbo ninu ti o! I believe in you!
Ọkàn mi idojuti o ti Ifẹ! My heart embraces you with love!
Ajolo Ajobo! We go out together; We return together!

Àṣẹ! Àṣẹ! Àṣẹ o!