

P011_11_19_Oneness_Pt1_vscript (November 2024 Release)

Greetings: Orí ire fun owo! (Good Tidings to you!)

I pray that you are feeling awake, aware, and elevated in mind, body, and spirit, wherever you are, and whatever may be happening around you!

Àṣẹ! Àṣẹ! Àṣẹ o!

I'm Baba Umar, Oluranse Emese, (Voice of the Emese), Member of the Isoro Traditional Council of Chiefs in Ile-Ife, Nigeria, Olúwo of the House of Umar, and Babaláwo of Ile Awo Òrìṣà (the House of the Mysteries of the Òrìṣàs).

Opo Ire (abundant blessings) to our *Egbé*, our online community of Subscribers that continues to grow thanks to you. Thank you for joining us for another lesson and for clicking that LIKE button. Remember, as a member of our YouTube *Egbé* you can support each other's spiritual journey by posting your questions and uplifting comments in the COMMENT section below. You can also email me using the link in the DESCRIPTION section below if you need to connect with me on a more personal matter (consultation or divination). Also check the COMMUNITY section of this Channel for periodic messages, the monthly *Itadogun* reading, and additional *Ifá* lessons.

If you are new to these video lessons, we invite you to go ahead and Click the Subscribe and Notification buttons, and share this resource with your family, friends, and associates. You'll be helping our online *Egbé* to grow, and you never know whose life you may change by that simple act of sharing the wisdom of *Ifá*.

Homage to The One Who Sends, and to those who are sent!
Homage to Òrìṣà and Egun!

Our topic in this video is: The Sixteen Truths of *Ifá*: Truth (8) - We are part of the Universe (Multi-verse) in a literal, not figurative, way! Part I

The *Emese*, the ancient and living repository of the *Ifá* Spiritual Tradition of Ancestor and Òrìṣà Worship, defined my title and role as *Oluranse* as: *"the Voice, Vision, and Authority of ways and practices of our tradition and culture as well as being the source of sacrosanct and factual dissemination of information on the knowledge and wisdom of Òrìṣàs to the New World."*

The language used in describing my role tells me that my responsibility is not only to present the sacrosanct and factual information of the *Ifá* Tradition (*Ìṣẹ̀ṣe*) to you, as understood and practiced by our ancestors, but also to present that information in a way that speaks to the realities of this New World that is coming into existence as we shift from the Third Stage of Creation, through the Fourth Stage, and into the Fifth Stage of Creation.

That means my *Orí* is guiding me to facilitate a convergence of the old and the new by:

- Looking at modern scientific discoveries through the lens of the *Ìṣẹ̀ṣe*, and
- Looking at the *Ìṣẹ̀ṣe* through the lenses of modern scientific discoveries.

You are studying these video lessons because your *Orí* has called you to take this journey with me to arrive at a higher level of consciousness and a deeper understanding of this experience you are having in the *L'oja*. You came to *Ifá* because you want to improve your own life and the lives of those you came into the world to serve.

In the beginning there was nothing but the *Àṣẹ*, (*Oro*) the Black Material of the Darkness from which all things come. It first manifested sentience (Consciousness) and the *Àṣẹ* became self-aware, *Olódùmarè*. From this beginning all things have come into existence according to a plan. That plan and the fundamental laws that govern it are essentially the same for all things – interconnectedness, interrelatedness, and interdependence. There is nothing that stands alone or that exists outside of the Consciousness of *Olódùmarè*, *Orisun* (Source). And there is nothing self-limiting about the nature of *Orisun* (Source).

According to the Holy *Odù Ọ̀sá Ọ̀gúndá* (202), there are five parts or stages of creation that were meant to achieve the Earth's perfection.

In the *Ifá* Creation Story, it states:

“In the space of no time and nothingness, there was only one being, *Akamara*. A being with no flesh, no blood, no human form. Neither overly masculine nor overly feminine, *Akamara* exists just as (it is). *Akamara* is the consciousness of the entire galactic universe, the living universal spirit.

Everything that you see around you was the creation of *Akamara's* cool breath. Through their breath, it gave us all life.”

These words from the *Ifá* Creation Story affirm for us that the manifest world and the life that inhabits it is from a single source, a living Universal Spirit or Consciousness.

The idea that every aspect of creation is from a single source points us to a scientific theory that we have discussed in previous lessons, the theory of Quantum Entanglement. A review of previous lessons or a simple Google search on keywords ‘Quantum Entanglement’ will give you the understanding that we are inextricably connected to the Universe and to each other.

Truth (8) - We are part of the Universe (Multi-verse) in a literal, not figurative, way! Part I

- Quantum physics predicts that particles can become entangled. This suggests that two or more particles can be brought together and become fundamentally linked so that even when they're separated, even by great distances, it's no longer possible to describe them independently of each other.
- Quantum entanglement is a phenomenon in which entangled systems exhibit correlations that cannot be explained by classical physics. It has recently been suggested that a similar process occurs between people and explains anomalous phenomena such as healing.

One of the ideas that can be gleaned from Quantum Physics is that the *Babaláwo* and his *Opele*, you and your *Obi*, the *Babaláwo* and his clients, and the thoughts, prayers, and sacrifices of the

devotees are all entangled with each other, or in a state of *Isopo* (connectivity or interconnectedness). This also applies to you and me as members of this Egbe.

Let's consider a few related ideas:

Henry Ford once stated, "Whether you think you can or you think you can't, you are right!" The implication is that your thoughts, feelings, beliefs, and emotions produce physical consequences and representations in the world around you.

Billy Carson has stated, "When we think about something, that thought (vibration) energy is radiated out to the Universe as a whole." The implication is that your thoughts, feelings, beliefs, and emotions can shape and reshape your reality.

Our consciousness exists and occurs within the Unified Field of Universal Consciousness or the Matrix of the Divine Mind. In other words, your *Orí* is not limited in its access to knowledge or spiritual power. *Orí Apere* is the sign or expression of an individual's personal god (Spiritual *Orí*, Carrier of one's Destiny). *Orí Apere* is your state of perfection.

Truth (8) states - *We are part of the Universe (Multi-verse) in a literal, not figurative, way!*

Consider the water research of Masaru Emoto regarding this state of connectivity and the ability of our thoughts to affect water (and other things) even at a distance. In his research he put a small amount of rice in a small amount of water in three separate jars. He then subjected each of the containers to three different conditions for a specific period.

1. Positive thoughts (like gratitude and love)
 - a. This container produced a pleasant scent, and the rice remained healthy.
2. Negative thoughts (like hate and unworthiness)
 - a. The rice in this container fermented and turned black.
3. Ignored (was given no attention)
 - a. The rice in that container began to rot.

Now imagine that instead of containers of rice, these were your children, or your spouse being subjected to these three conditions.

- *Can you see why it is so important for you to understand this Truth of Ifá and to live according to Iwa Pele?*
- *Can you see why it is important to think, speak, and act with integrity and authenticity?*
- *Can you see why it is so important to keep your heart-mind radiating the vibrations of empathy, compassion, gratitude, and love towards Mother Earth and all her children in all the kingdoms (forces, elemental, vegetal, animal, human, and others)?*

Consciousness is not manufactured in the brain. The brain is tapping into a field of information (Universal Consciousness) that is present everywhere and accessible to everyone with the knowledge of how to apply the metaphysical and spiritual laws of the *L'oja*. In fact, your thoughts, words, emotions, beliefs, and actions are affecting everyone, all the time, whether you or they are aware of this effect or not.

(For example: a radio can access various signals that are being broadcast across different stations. The atmosphere is filled with countless radio signals, and you can turn a dial (refocus your attention) and tap into the frequency that you are seeking or attuned to.)

Odu Ògúndá Méjì, Invocation for breaking a self-hex, stresses the importance and power of your and my *Orí*.

Orí, pèlé, Atètè níran Atètè gbe ni kòòsà.

Head, I praise you, who will always quickly bless your own.

Ko sòòsà tíí dá'níí gbè léyìn orí eni.

You can bless a person before any divinity. No divinity blesses a person without the sanction of your head.

Orí pèlé, Orí àbíyè,

Head we salute you, head that is destined to live,

Eni orí bá gbeboo rè,

The person whose sacrifice head chooses to accept,

Kó yo sèsè.

Let him rejoice.

Àṣẹ! Àṣẹ! Àṣẹ o!

May it be so!

Odu Ògúndá Méjì (9)

Remember, when we discussed Truth (5) - *You should grow and obtain wisdom during your life process!* In that lesson we stated: 'As we grow and obtain wisdom, our perceptions and interpretations of our experiences, our reactions or responses to those experiences, and the stories we tell ourselves about the choices we have made all change. We change! The chemistry of our *Ara Ojubo* (Body Temple) changes, our *Àṣẹ Ami* (unique Energy Signature) changes, and we become a new and evolving being in the *L'oja*.

The Fifth Truth points to the 'process and ceremony' each of us must go through to claim our birthright. The *L'oja* does not squander its abundance. It challenges the weak and lazy! The *L'oja* supports life and growth! To claim your birthright, you must demonstrate that you also support life. That requires learning and striving to master the Spiritual Laws of the *L'oja*, the wisdom of *Ifá*.'

This present Truth of *Ifá* under consideration (Truth 8) calls us to grow into the wisdom of the Universal Law of *Isopo* (Connectivity). This post is intended to facilitate that process of growth in each of you. *Why?* Because as we have discussed in previous lessons, *Itẹlọ* (Expansion) is also a Universal Law that governs everything, including your journey in the *L'oja* (marketplace).

Ifá does not limit your pursuit of knowledge and wisdom in the *L'oja*. It in fact encourages it. *Ifá* does not say, 'Oh, don't look over there, or don't consider that idea.' No! *Ifá* says, 'Follow the guidance of your Spiritual *Orí* and if in doubt, turn to *Òrúnmilà* and the process of *Ifá* Divination to assist you in hearing and understanding the guidance that your own Spiritual *Orí* is sending to you (your physical *Orí*).

Let's draw this part of our discussion to a close with a quote from a metaphysical and spiritual resource called *The Mystical Qabalah*.

"No student will ever make any progress in spiritual development who flits from system to system; first using some New Thought affirmations, then some Yoga breathing-exercises and meditation-postures, and following these by an attempt at the mystical methods of prayer. Each of these systems has its value, but that value can only be realized if the system is carried out in its entirety. They are the calisthenics of consciousness and aim at gradually developing the powers of the mind. The value does not lie in the prescribed exercises as ends in themselves, but in the powers that will be developed if they are persevered with."

This is also true regarding your *Ifá* practice. In *Ifá* we say,

Awe ati ebo ni muni ri bi Òrìṣà!

Fasting and rituals transform us into the image of *Òrìṣà*!

Clearly, fasting for a few days or a week and then abandoning the practice will not bring about the desired and intended results. There is something that will happen to the body, mind, and spirit over the course of a persistent practice of intermittent fasting or the *Ọ̀ṣẹ́ Ifá* Ceremony (which you should be performing every four days).

Likewise, knowing your Crowning *Òrìṣà* is not sufficient and brings you little benefit unless you seek to understand the characteristics of the *Òrìṣà*, and recognize and remember the locus of that *Òrìṣà's Àṣẹ́ Ami* (Energy Signature), so that you can interact with those Sentient Energies and remember why you chose to have that *Òrìṣà(s)* come with you and support you on your journey in the world.

Further, it benefits you little to believe that your *Egun* (Ancestors) continue to live after their transition from the *L'ọja*, but you fail to seek their assistance or even acknowledge their ongoing presence in your daily life. The experience of knowledge sought after, and then applied, is the birth process of wisdom.

To be continued:

Ki Olódùmarè, Òrìṣà, ati Egun fifun e ni

Itona, Imoye, ati Opo Ire!

May Olódùmarè, Òrìṣà, and Egun bestow on you,
Guidance, Wisdom, and Abundant Blessings!

Ifokanbale! Peace of Mind from *Olódùmarè!*

Mo gbagbo ninu ti o! I believe in you!

Alafia ati Ife! Peace and Love!

Ajolo Ajobo! We go out together; We return together!

Àṣẹ! Àṣẹ! Àṣẹ o!