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Greetings: Orí ire fun owo! (Good Tidings to you!)

I pray that you are feeling awake, aware, and elevated in mind, body, and spirit, wherever you are, and whatever may be happening around you!

Àṣẹ! Àṣẹ! Àṣẹ o!

I'm Baba Umar, Oluranse Emese, (Voice of the Emese), Member of the Isoro Traditional Council of Chiefs in Ile-Ife, Nigeria, Olúwo of the House of Umar, and Babaláwo of Ile Awo Òrìṣà (the House of the Mysteries of the Òrìṣàs).

Opo Ire (abundant blessings) to our Ẹgbé, our online community of Subscribers that continues to grow thanks to you. Thank you for joining us for another lesson. Remember, as a member of our YouTube Ẹgbé you can support each other's spiritual journey by posting your questions and uplifting comments in the Comment section below. You can also email me using the link in the Description section below if you need to connect with me on a more personal matter. Also check the Community section of this Channel for periodic messages and additional Ifá lessons.

If you are new to these video lessons, we invite you to go ahead and Click the Subscribe and Notification buttons, and share this resource with your family, friends, and associates. You never know whose life you may change by that simple act of sharing.

Homage to The One Who Sends, and to those who are sent!
Homage to Òrìṣà and Egun!

Our topic in this video is: The Sixteen Truths of Ifá: Truth (5) - You should grow and obtain wisdom during your life process!

The Sixteen Truths of *Ifá* are a tightly and finely woven fabric made of fine threads with each having a high tensile strength (resistance to breaking under tension). In other words, whether you are living your *Ifá* in Yorubaland, in the U.S., Brazil, Cuba, the Caribbean, Europe, or anyplace else, these Sixteen Truths can be applied in any cultural context.

Together these threads form a foundation upon which humans can build their lives and enhance the lives of every other creature and living thing. As we progress through each of these Sixteen Truths you should try to understand how they relate to, reflect, and support each other. In other words, you should grow and obtain wisdom during your life process. Isn't the fact that you are presently sitting and watching this video part of your 'life process'?

Let's pull a few things together! In your last lesson, discussing the Fourth Truth in this series, I stated,

"It is Your Birthright to be Happy, Successful, and Fulfilled! It is also your 'choice' to be happy, successful, and fulfilled! These experiences exist as potentials, as possibilities within the

Spiritual Mathematics of the L’oja! We have been given all the tools (built into Ara Ojubo) we need to be able to enjoy these potentials. They, however, are not guarantees! Like every birthright, they must be claimed through some process and ceremony. They are ‘if/then’ axioms within the Spiritual Mathematics of the L’oja. The Ifá Corpse tells us over and over that we are each empowered to choose our way of being and moving in the L’oja. With the guidance of your Spiritual Orí, and the assistance of your Egun, the Òrìṣà, and Ifá Divination you can unlock the awo (mysteries) of the L’oja and experience happiness, success, and fulfillment. The L’oja that each of us lives in is the L’oja that we fashion with our perceptions and interpretations of our experiences, our reactions or responses to those experiences, and the stories we tell ourselves about the choices we have made. The story that Ifá tells is one where you and I can claim happiness, success, and fulfillment.”

As you study and apply these lessons, you grow and obtain wisdom, your perceptions and interpretations of your experiences, your reactions or responses to those experiences, and the stories you tell yourself about the choices you have made all change. You change! The chemistry of your *Ara Ojubo* (Body Temple) changes, your *Àṣẹ Ami* (unique Energy Signature) changes, and you become a new and evolving being in the *L’oja*.

This Fifth Truth points to the ‘process and ceremony’ each of us must go through to claim our birthright.

- The *L’oja* does not squander its abundance.
- It challenges the weak and lazy!
- The *L’oja* supports life and growth!

To claim your birthright, you must demonstrate that you also support life. That requires learning and striving to master the Spiritual Laws of the *L’oja* so that you can play your part in bringing about the Good Condition as described in the (78) *Odù Ìrosù Ìwòrì / Ìrosù’wòrì*.

Truth (5) states that:

- *You should grow and obtain wisdom during your life process!*
 - Note: this Truth describes life as a process.

In our discussion on the Second Truth, *There is No Devil*, it was stated,

“*Olófi-dùmarè* also set into motion the Principle of *Na Wa (Itẹlọ* - Expansion) as a fundamental necessity if *Olódùmarè’s* goal of experiencing the Realm of Infinite Possibility is to be realized. Everything in creation is operating under this important principle including humans.

- *Na Wa (Itẹlọ* Expansion necessarily implies ‘change’, so *Olófi-dùmarè* also established the principle that:
 - ‘*Anytime You Change a Thing, You Change More Than What Was Intended*’.

If you are to experience *Na Wa*, then the opportunities for you to make choices must be such that you are encouraged to learn and grow in that process. You must learn the consequences of doing *'this as opposed to that'*, and then grow, expand into the wiser choices, and evolve into a Higher State of Being. Your physical *Orí*, which is emotionally attached to the *L'oja*, must transcend and enter a state of *Isopo* (Connectivity) with your Spiritual *Orí*.

Therefore,

- the **Principle of Contrast** (*this versus that*) is also an ever-present manifestation of the architecture of the *L'oja*.
- By experiencing what you don't want (the trials, tribulations, and apparent failures that emerge from your choices), you are simultaneously realizing what it is that you do want, what you do want to call into existence in your life.

(116.3) *Òtúrúpòn Ìdí / Òtúrúpòn'Dí*
Delight & Displeasure Together

This Odù also says: (speaking of delight and displeasure traveling together.)

Àbọ́rú Àbọ̀yè!

*“Òrìṣà to se didun
Lo se aidun
Dífá fún Òrúnmilà
Wón ni ki / ṣẹbọ Ayo
Ko si ṣẹbọ / Ibanuje
O gbẹbọ, / ó rúbọ
Atawo, / atisegun
E y'egba / e y'atori
E ba wa le / Ibanuje
E y'egba / e y'atori.
Aṣẹ!”*

“The *Òrìṣà* which causes delight is also responsible for displeasure. This was the declaration of *Ifá* to *Òrúnmilà*, who was advised to do offering for happiness and also do offering against sadness. *Òrúnmilà* did the offering. Both *awo* and herbalist draw out your whips and switches. Help us chase out sadness. Draw out your whips and switches. *Aṣẹ!*
Òtúrúpòn Ìdí / Òtúrúpòn'Dí (116) (3)

Creation and the life that we share are full of mysteries and layers upon layers of spiritual wisdom and temporal knowledge that embrace and reinforce each other.

- We are not here to waste time in foolish things.
- That does not mean that we should not take time out to have fun. We should!
- But we should also keep uppermost in our minds that knowledge is power and is necessary to manage a world.”

This Fifth Truth firmly establishes *Na Wa (Itẹlọ)*, Expansion as a fundamental element of the *Ifá* Corpus.

The true nature of *Na Wa (Itẹlọ)* is an expansion of the human heart, for your heart must become big enough, compassionate enough, wise enough to care for an entire world. Say it:

- *Eyi ni agbaye mi!* This is my world!

That is your Birthright! That is your familial responsibility! That requires your growth into wisdom.

Your *Ara Ojubo* functions in the bio-chemical and electro-magnetic energy spectrums. Through your five senses your *Ara Ojubo* receives energetic impressions from the *L’oja*.

- Those impressions are input ‘data’.
- The Brain function of *Ara Ojubo* takes those trillions of pieces of data and scans them for commonalities so that associative links can be formed.
- Linked data is then packaged in the brain’s network as files or networks of information.
- Those informational networks are then scanned for commonalities and those with associative links are packaged in folders as bodies of knowledge (however big or small).
- This vast body of data, information, and knowledge encompasses your navigational system for moving through the *L’oja*.
- When you choose to act upon a particular piece of information and knowledge that expresses itself in your mind, your decision is operating under the Law of Contrast, *this or that*.
- When knowledge is tested in the *L’oja*, you can observe the results and decide whether that piece of information or knowledge should be retained as useful, instructive, and empowering, or whether that knowledge should be discarded as false, ineffective, or problematic.

When the Fifth Truth states that you should ‘obtain wisdom’, it is stating that you should strive to elevate your ‘beliefs’ to a level of knowledge so that you can take your earth-walk with wisdom. This is the deeper significance of Sacred *Odù Èjì Ogbè / Ogbè Méjì* (1.1.3) that we discussed in our last video lesson.

Remember this *Odù* also says: (speaking of being thoughtful about our journey in this world.)

Àbọ́rú Àbọ̀yẹ̀!

“Let us not engage the world hurriedly.
Let us not grasp at the rope of wealth impatiently.
Let us not rush to decide that which should be treated with mature judgement.
Let us not deal within a state of anger.
When we arrive at a cool place, let us rest fully.
Let us give continuous attention to the future and let us give deep consideration to the consequences of things.
And this, because of our eventual passing.”
Èjì Ogbè / Ogbè Méjì (1.1.3)

Rise up in the morning and declare with conviction:

Everything I do and every decision I make is guided by a core value of always seeking higher knowledge so that I am better able to live my life and conduct my affairs with wisdom, and to act effectively in the service of Olódùmarè Creation.

- You are here to explore and study the *L’oja*, to experiment and learn the lessons that arise from your choices and experiences, and thereby to grow and obtain wisdom.
- This is the process and ceremony of claiming our Birthright!
- This is the Path pointed out by the *Ifá* Tradition of Ancestor and *Òrìṣà* Worship.

Àṣẹ! Àṣẹ! Àṣẹ o!

*Ki Olódùmarè, Òrìṣà, ati Egun fifun e ni
Itona, Imoye, ati Opo Ire!*
May Olódùmarè, Òrìṣà, and Egun bestow on you,
Guidance, Wisdom, and Abundant Blessings!

*Ifokanbale! Peace of Mind from Olódùmarè!
Mo gbagbo ninu ti o! I believe in you!
Alafia ati Ife! Peace and Love!
Ajolo Ajobo! We go out together; We return together!
Àṣẹ! Àṣẹ! Àṣẹ o!*